



Facing Change and Challenge by Embracing a Learner Mindset

Plaza Clients

August 2022

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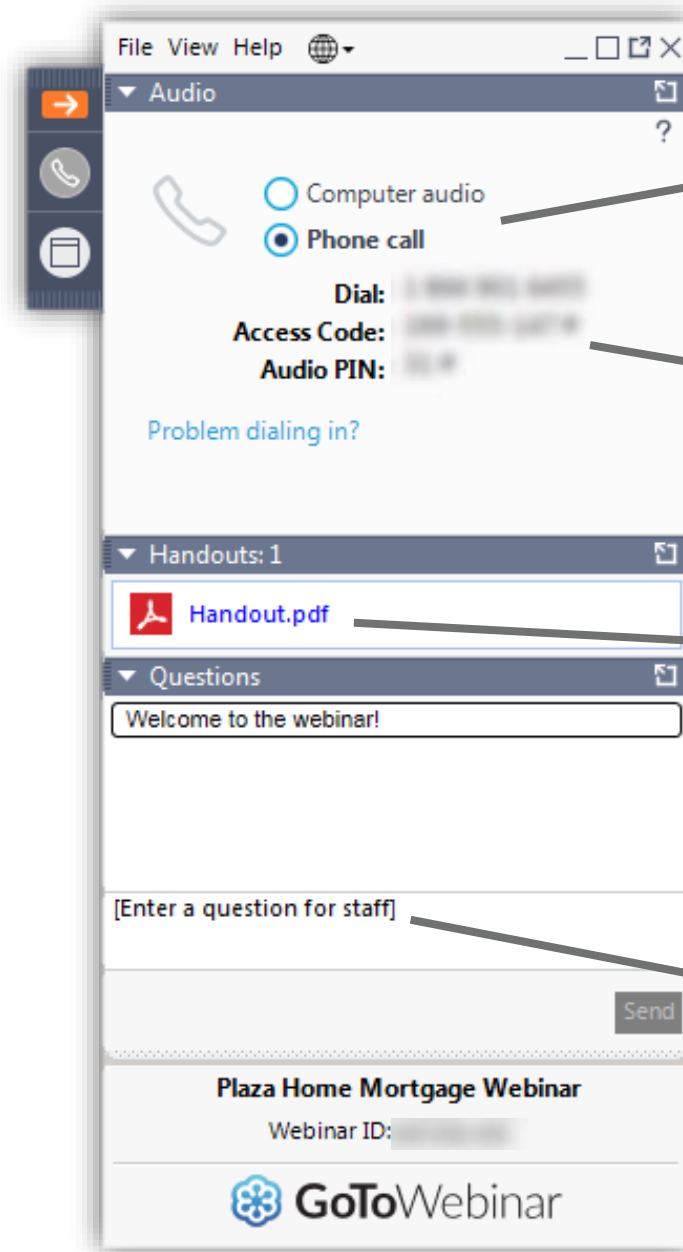


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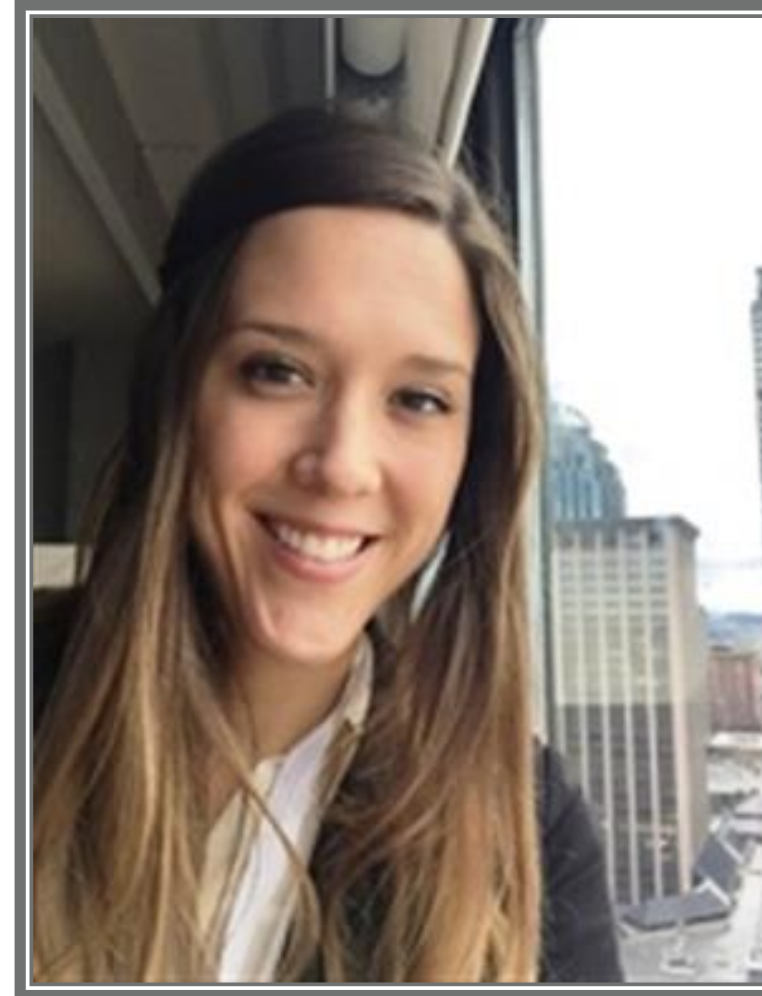
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Presenters



Katie Rinehart
Training Specialist



Lauren McCalmont
Training Specialist

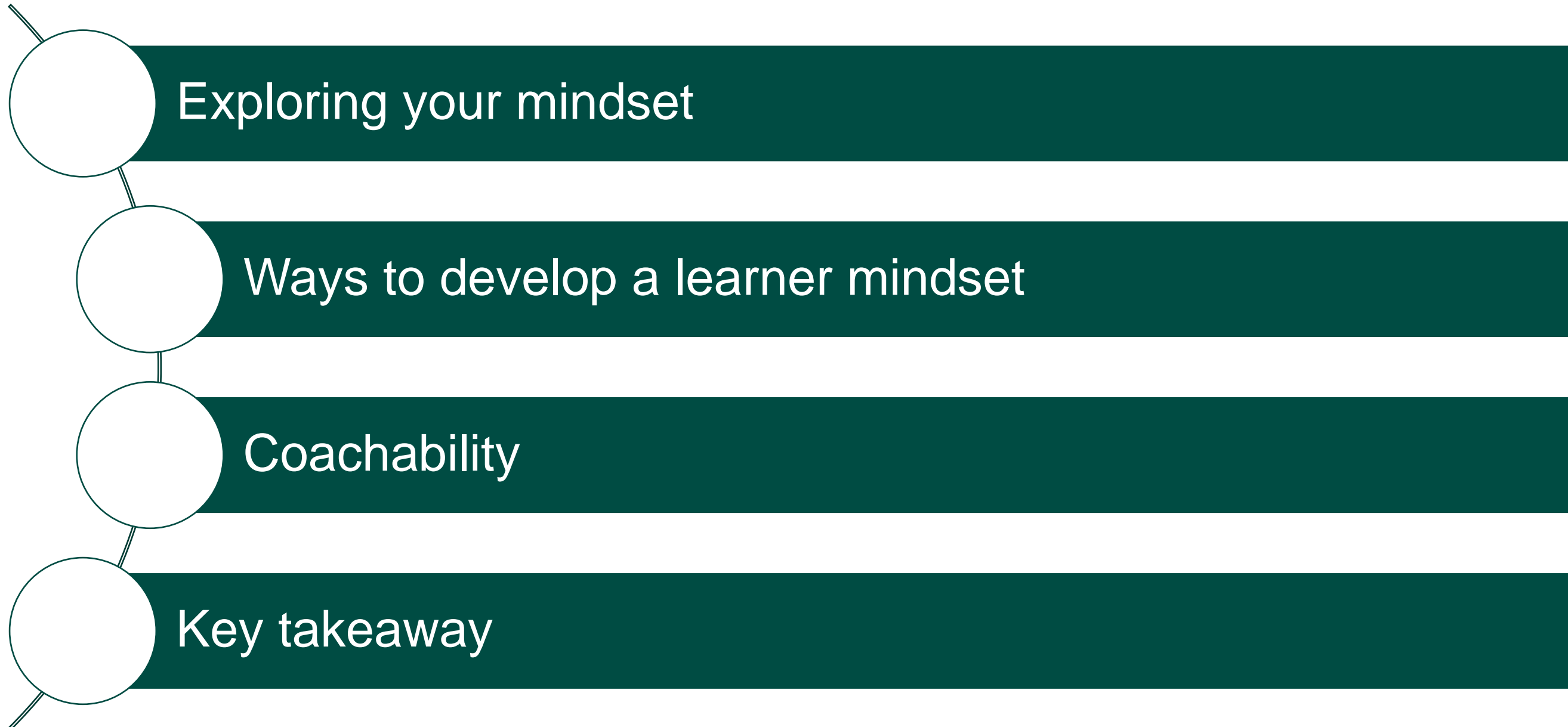
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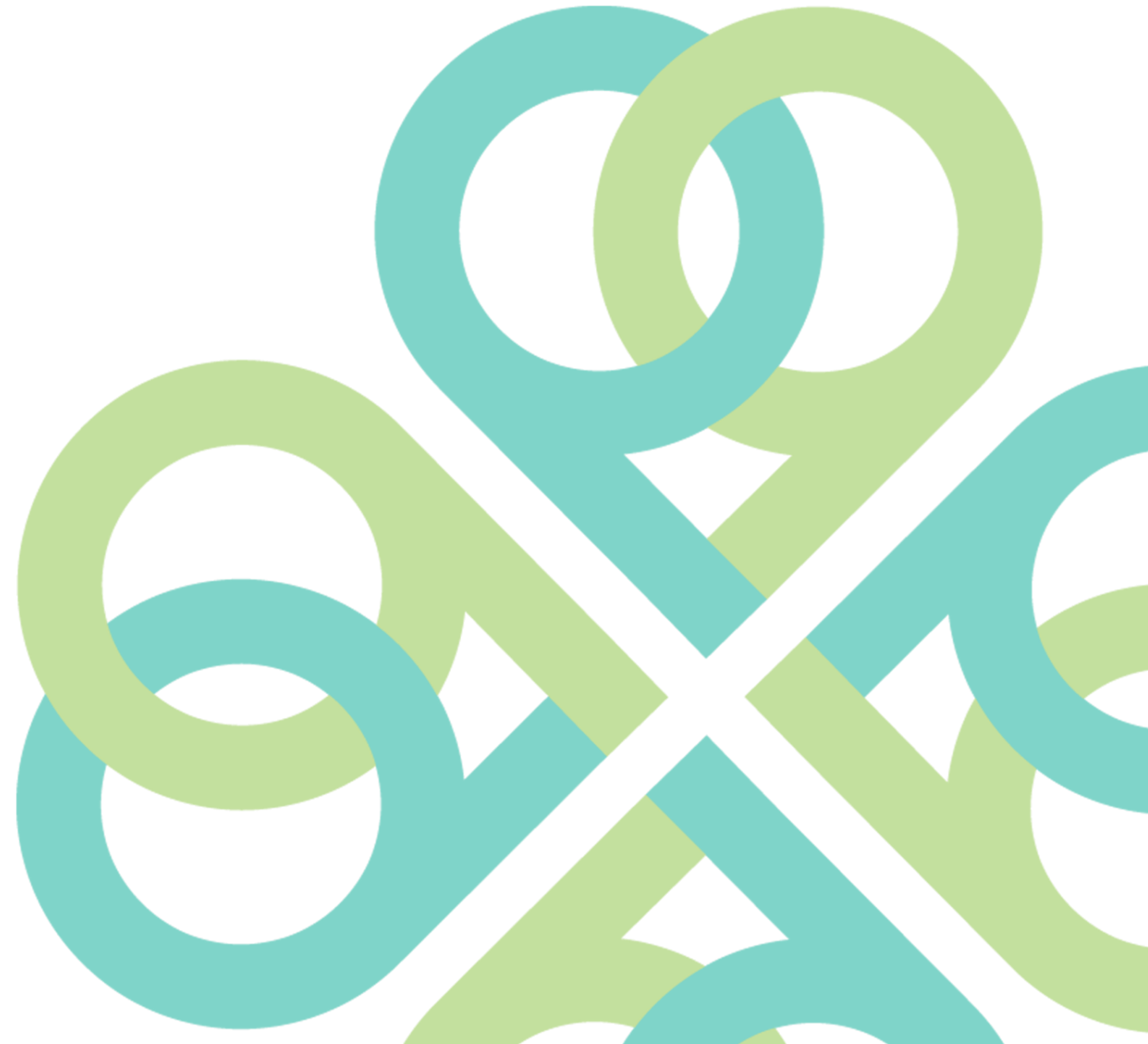
Which best describes what brought you to today's session?

- 1 - I have experienced a change and/or challenge recently
- 2 - I have a change and/or challenge on the horizon and want to prepare
- 3 - I am curious to learn more about a learner mindset
- 4 - I wanted an opportunity for professional development
- 5 - Other (please include comment in chatbox)


Agenda




Exploring Your Mindset



Believing in Your Potential

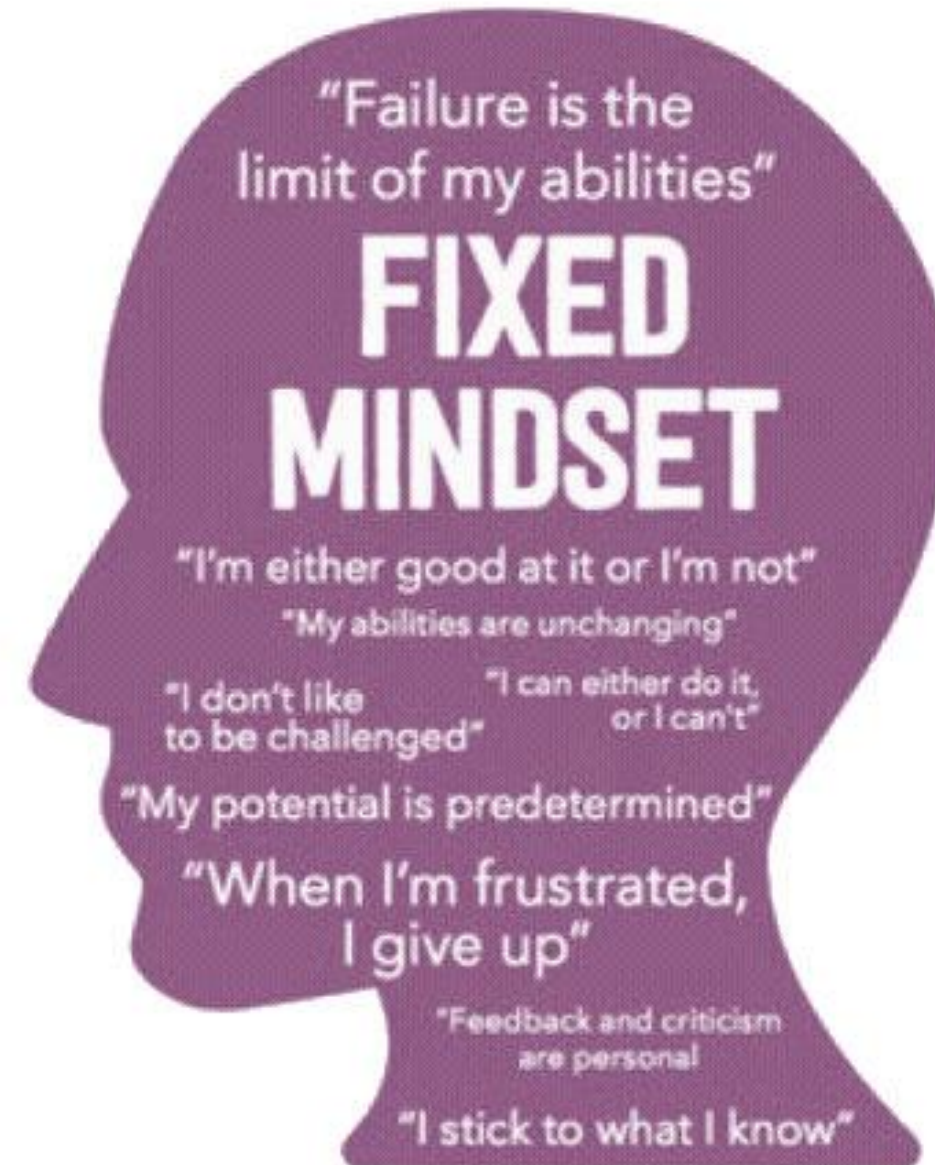
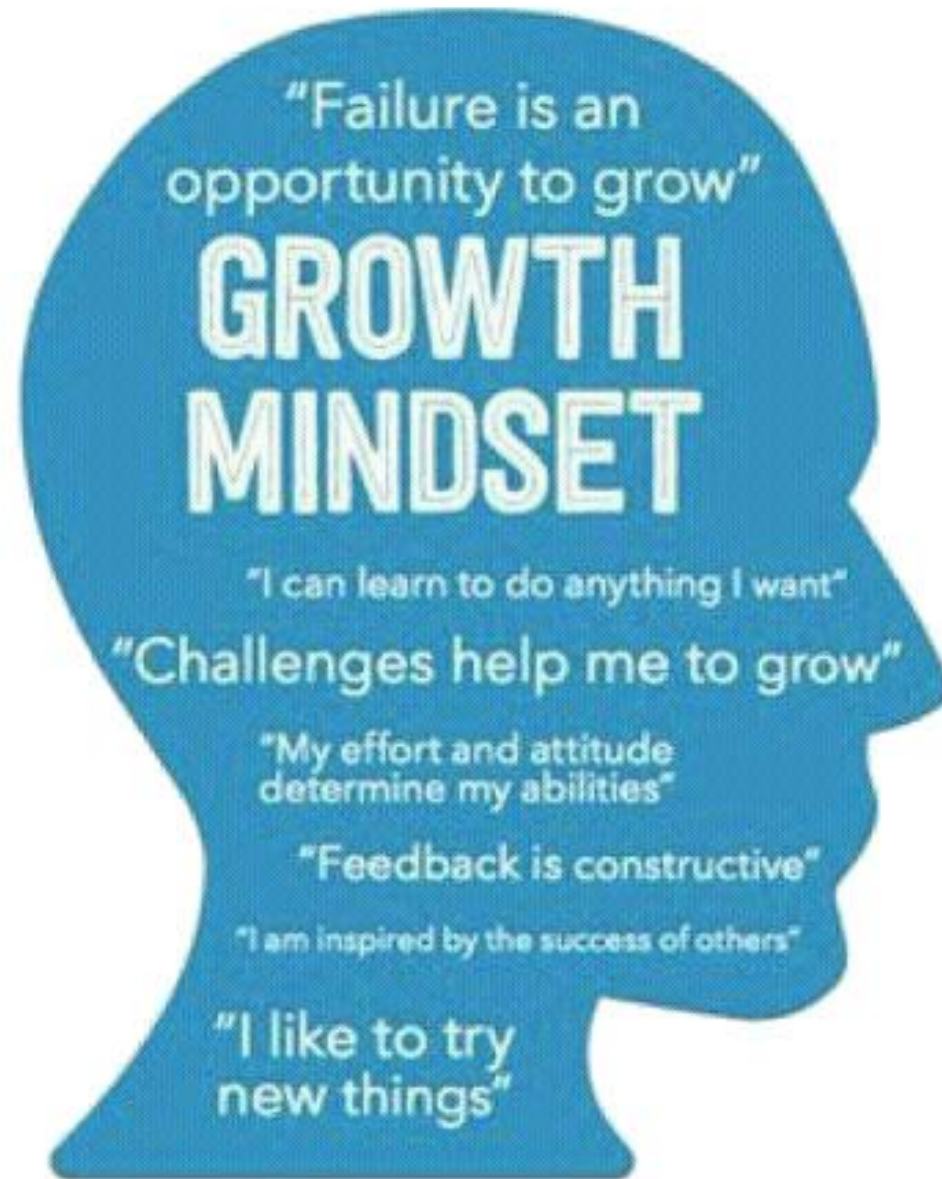
A woman with dark hair pulled back, wearing a beige sweater and gold hoop earrings, is sitting at a desk with a laptop. She is looking towards the right with a thoughtful expression.

“I don’t know what I don’t know yet. I’m open to change how I do things.”

A woman with dark, wavy hair and bangs, wearing a black and white striped shirt, is sitting at a desk with a laptop. She is smiling and resting her chin on her hand, looking towards the camera.

“I know what I’m doing. I don’t need to change how I do things.”

Your Approach Matters



Unlearning

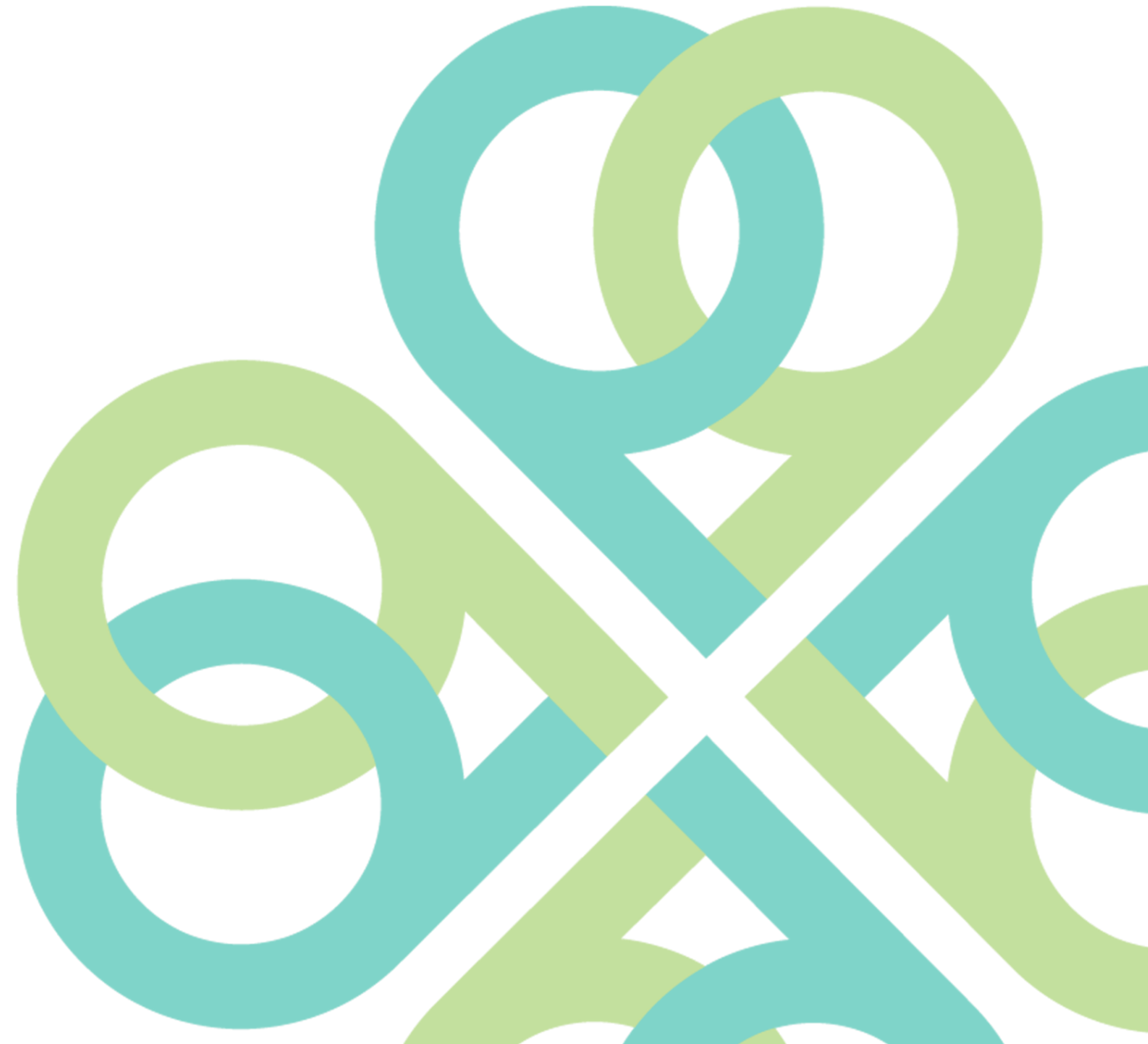
The idea or concept of unlearning requires:

Letting go of conventional ways of thinking and operating

Embracing new thought patterns, habits and perceptions

In an effort to stay agile, effective and relevant

**What is a
“Learner Mindset”?**



What Does It Mean to Have a Learner Mindset?

A learner mindset is a state of being in which you...

- act on your intrinsic capacity to learn
- respond to your inquisitive nature
- view all interactions with the world as learning opportunities
- appreciate that you are perpetually learning
- embrace change and challenges as opportunities for growth
- open to letting go of things you have learned before
- can unlearn things in order to give space to new ideas and concepts



How Do You Develop a Learner Mindset?



Collaborate with others

Skilled listening

Asking the right questions

Openness to new ideas

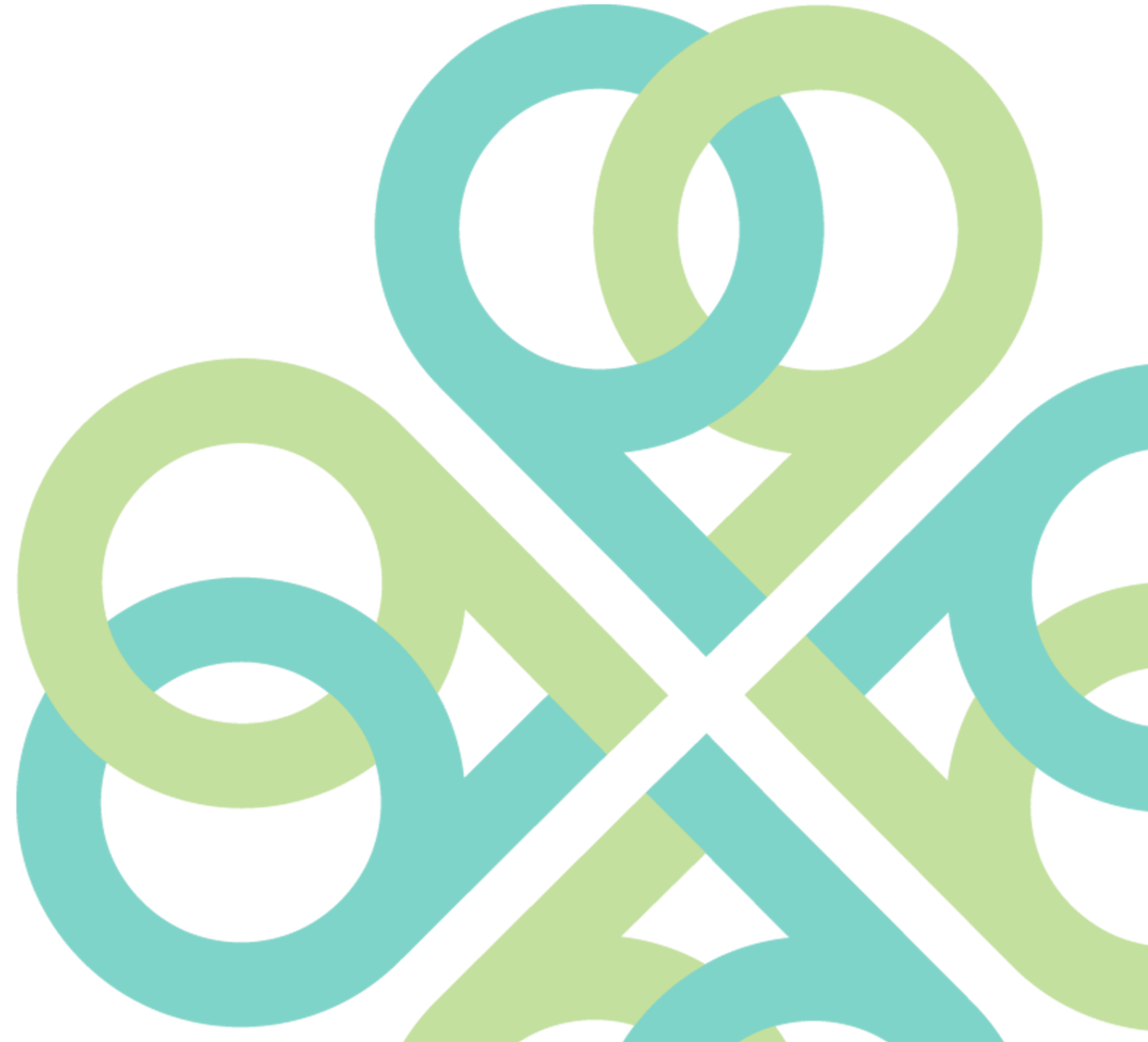
Unlearning

Acceptance

Promote risk taking

Being coachable

Coachability



Coachability is...

The interest and willingness to learn

The ability to seek out, accept, and integrate feedback without being defensive

The demonstration of attempts to try new actions to get improved results



Embracing Your Coachability



Let go of preconceptions and be open to change

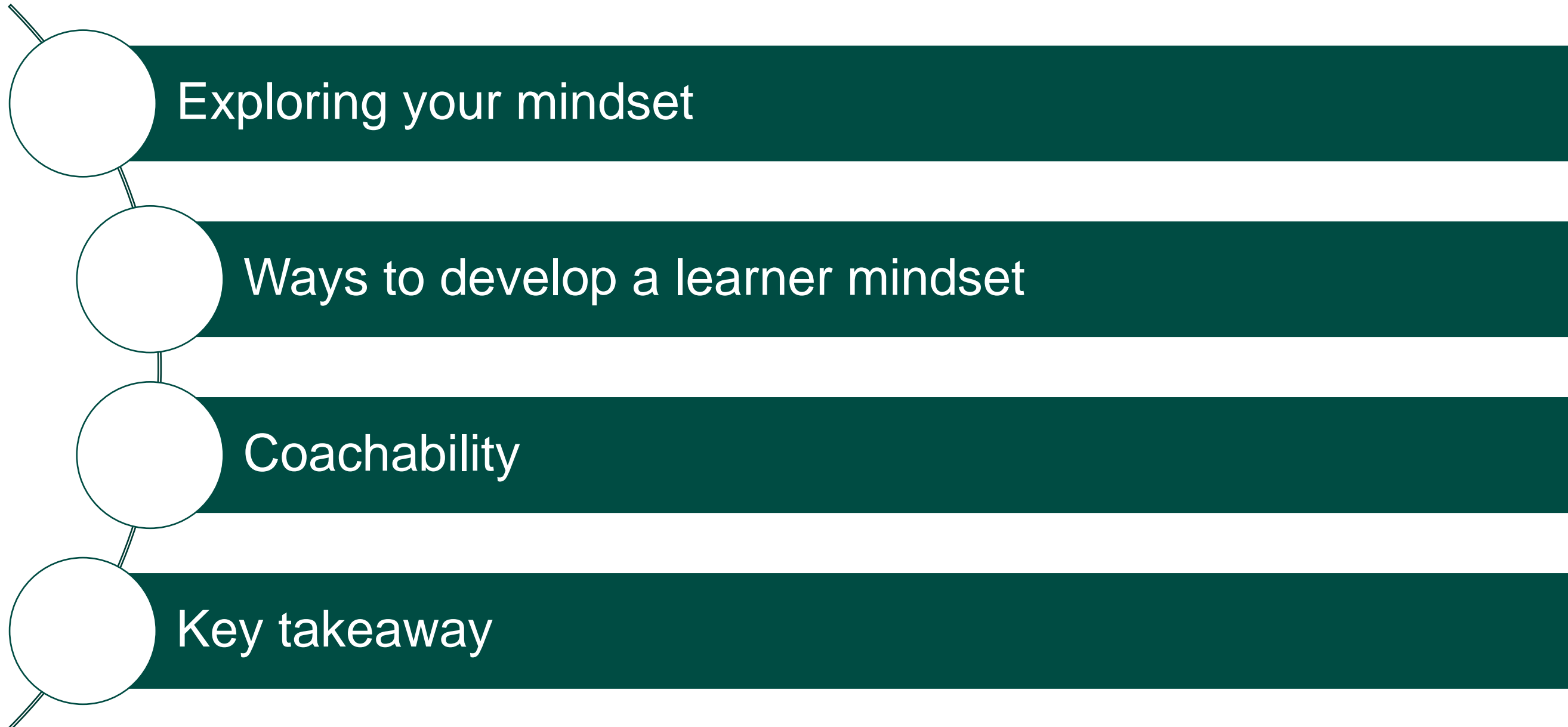
Be curious and ask questions

Seek out training and development

Ask for feedback and sincerely listen

Accept learning opportunities

Recap



Takeaway

Type in chatbox a key
takeaway from today's
session



Thank You for Attending!



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